



BEYOND THE CLASSROOM

CO-CURRICULAR GUIDE 2024/25

SHERBORNE
GIRLS 



BEYOND THE CLASSROOM

MRS JAYNE DART

DEPUTY HEAD OPERATIONS & CO-CURRICULAR

This co-curricular guide is designed to help you make the most of your time at Sherborne Girls. To aid you navigating your way through the many choices available to you we have grouped activities under the following seven pillars and hope you will sample a variety of different clubs and activities during your time at school.

ACADEMIC ENRICHMENT

... where curiosity thrives, critical thinking blossoms and intellectual boundaries are stretched.

PERSONAL SKILLS & DEVELOPMENT

... where self-discovery grows, collaboration prospers and life skills are honed.

CREATIVE & PERFORMING ARTS

... where artistic expression extends the imagination, feeds the soul and frees the spirit.

SPORT, HEALTH & FITNESS

... where physical activity complements wellbeing, team spirit cultivates compassion and a healthy body promotes a healthy soul.

ADVENTURE & LEADERSHIP

... where risk-taking builds courage, courage builds inner confidence and then determination and resilience ensue.

COMMUNITY, ENVIRONMENT & OUTREACH

... where care, kindness and compassion foster a culture of generosity, empathy and benevolence.

HOUSE SPIRIT & FUN

... where camaraderie and bonds of friendship are cemented for life!

We are certain that there is something that will inspire and excite every pupil within this guide and encourage you to actively engage with the opportunities on offer.

It is through taking risks and trying new things that you will grow as a person and make friends across different schools, year groups and houses. You will gain valuable skills, experience and knowledge that will set you up for a life beyond school, embedding the core values of what it means to be a Sherborne girl.

CLUBS & ACTIVITIES BY YEAR GROUP

* denotes costs are associated with the activity.

M = Michaelmas
L = Lent
T = Trinity

U6	Chemistry Olympiad Exploring Spirituality	Senior Sports Teams Perf & Dev Hockey Indoor Hockey Lacrosse Stick Skills Joint Senior Play (M) Senior History Society Joint Bands Senior & Top 12 Tennis Senior Dance Senior Climbing Club Icarus Sailing*	EDCLUB Joint Cecil Society Joint Philosophy Society Joint Chemistry Symposium Adv Maths Challenge Club (M) U19 Netball Trg (M) Sixth Form Play (T - June) Oriana Orchestra Leiths*	Joint Combined Cadet Force* Model United Nations* Expedition Club Madrigal Society History of Art Club Joint Politics & International Relations Club Ceramics Club Fashion Design Club	Strength & Conditioning Early Morning Swimming Ski Team Equestrian team Football GK Club (M/L) Joint Beginners Classical Greek Board Games Senior Choir Diverse Voices KSAR Charity Group Litter Picking Volunteers 3D Design Workshop Focus Group Street Dance* Elite Street Dance*	The Glee Cup Press Pause Day Interhouse Competitions Friday Lecture Series Battle of the Bands Horse Riding* Endurance Running* Athletics Club* (L,T) Tennis Lessons* Ballet Lessons* Instrumental Lessons* Speech & Drama* Dungeons & Dragons Joint Astronomy Club (M/L) Joint Japanese Language & Culture Creative Writing Club Running Club Joint Symphony Orchestra Worship Band Serenata Strings String Orchestra Musical Theatre Choir Brass Ensemble Songwriting Production Music Ensembles
L6	Joint Thinkers Chemistry Cambridge Challenge Beginners' Classical Greek Joint Advanced Life Sciences Gold DofE* Warriors Programme* 45 mile Ten Tors* English Speaking Board*		U6, L6	U6, L6, U5, M5		
U5	S.Africa & Australia Exchanges*				U6, L6, U5, M5, L5	
M5	U15 Sports Teams M5 Band (Modern) M5 Dance Club (L) M5 Tennis Squad CofE Confirmation Classes (M/L) Sports Leaders* 35 mile Ten Tors* Tasmania Pupil Exchange* Silver DofE*	Joint Sinfonia (M/L) Crochet Club (L/T) Junior Climbing Club	Maths Challenge Club (L/T) UK Linguistics Olympiad U16 Netball Trg (M) M5/U5 Volleyball M5/U5 Basketball Catholic Confirmation Classes Photography and Design Club Joint Sinfonia (M/L)			
L5	U14 Sports Teams L5 Band L5 Tennis Squad L5 Junior Gym Bronze DofE* Canada Pupil Exchange* Sunday Activities Programme	M5, L5	U5, M5	L5		
U4	U13 Sports teams Gryphon Pupil Exchange Sunday Activities Programme	West Rock Band, West Choir, West Book Club, West Dance Club, West Chamber Music, Craft Club	Michaelmas: Science Club, L5 Book Club, Linguaphiles, L5 Crochet Club, L5 Netball Club, L5 Dance Club, Volunteering Club, Mask Making & Relaxation, Play Rehearsals, L5 Language Vols			
L4	U12 Sports Teams Sunday Activities Programme	Michaelmas: West Adventure Weekend, West Puzzle Club, Geog Rocks Soc, West Netball Club, West Climbing Club, Joint Sinfonia Lent: West Puzzle Club, Geog Rocks Soc, West Lacrosse Club, Joint Sinfonia Trinity: West Play in a Week (June), West Tennis Club, West Science Club	Lent: Science Club, L5 Book Club, Linguaphiles, L5 Larosse Club, Outdoor Education, Nature Club, Play Performance, Crochet Club, Maths Challenge Club Trinity: Chamber Choir, L5 Dance Club, L5 Book Club, Climbing Club, Trampoline Club, Maths Challenge Club, Crochet Club			U6, L6, U5, M5, L5, U4, L4



CLUBS & ACTIVITIES BY GROUP

ACADEMIC ENRICHMENT

... where curiosity thrives, critical thinking blossoms and intellectual boundaries are stretched.

- Academic Scholars Groups
- Advanced Maths Challenge
- Advanced Life Sciences
- Astronomy
- Beginners' Classical Greek
- Cecil Society
- Chemistry Olympiad
- English Speaking Board
- Geog Rocks Soc
- History of Art Club
- Japanese Language & Culture Club
- Joint Chemistry Symposium
- Junior Science club
- Joint Thinkers
- Lower Fifth Book Club
- Linguaphiles
- Maths Challenge Club
- Philosophy Society
- Politics & International Relations Club
- Senior History Society
- The Cambridge Chemistry Challenge
- UK Linguistics Olympiad
- West Book Club
- West Puzzle-solving club
- West Science Club

PERSONAL SKILLS & DEVELOPMENT

... where self-discovery grows, collaboration prospers and life skills are honed.

- Board Games Club
- Catholic Confirmation Classes
- Ceramics Club
- CofE Confirmation Classes
- Creative Writing Club
- Crochet Club
- Diverse Voices
- Dungeons & Dragons
- Exploring Spirituality
- First Aid Courses
- Focus Group
- Leiths Cookery
- Mask making & Relaxation Club
- Model United Nations (MUN)
- Photography and Design Club
- Self Defence
- Technology Support

CREATIVE & PERFORMING ARTS

... where artistic expression extends the imagination, feeds the soul and frees the spirit.

- Ballet Lessons
- Brass Ensemble
- Chamber Ensembles
 - Craft Club
- Dance Clubs (L5, M5, Sen)
- 3D Design Open Workshop
- Drama Productions (West, Junior, Middle)
- Fashion Design Club
- Icarus
- Instrumental Lessons
- Joint Choral society
- Joint Senior Play
- Joint Symphony Orchestra
- Madrigal Society
- Musical Theatre Choir
- Oriana Orchestra
- Rock Bands
- Senior Choir
- Serenata Strings
- Sinfonia
- Sixth Form Play Rehearsals
- Songwriting Production
- Speech & Drama Lessons
- Street Dance
- Trampoline
- String Orchestra
- West Chamber Music
- West Choir
- West Dance
- Worship Band

SPORT, HEALTH & FITNESS

... where physical activity complements wellbeing, team spirit cultivates compassion and a healthy body promotes a healthy soul.

- Development Training:
 - Cricket
 - Hockey
 - Lacrosse
 - Netball
- Early Morning Swimming
- Gym Sessions (Junior, Senior)
- Performance Training:
 - Cross-Country
 - Football
 - Hockey
 - Lacrosse
 - Netball
 - Tennis
- Recreational Clubs:
 - Athletics
 - Badminton
 - Basketball
 - Cricket
 - Indoor-Hockey
 - Running
 - Summer Hockey League
 - Squash
 - Trampoline
 - Volleyball
- West Sports Clubs:
 - Lacrosse
 - Netball
 - Tennis
- Sports Leaders
- Strength & Conditioning
- Tennis lessons

ADVENTURE & LEADERSHIP

... where risk-taking builds courage, courage builds inner confidence and then determination and resilience ensue.

- Adventurous activities;
 - Archery
 - Coasteering
 - Climbing
 - Cycling
 - High Ropes
 - Kayaking
 - Orienteering
 - Parachuting
 - Riding
 - Sailing
 - Shooting
 - Skiing
- Duke of Edinburgh's Awards;
 - Bronze
 - Silver
 - Gold
- Expeditions;
 - Brecon Beacons
 - Dartmoor
 - Exmoor
 - Jurassic Coast
 - Kenya
 - Scottish Highlands
 - Snowdonia
- Combined Cadet Force (CCF)
- Ten Tors
- Outdoor Education
- The Expedition Club
- Warriors Programme
- West Adventure Weekend

COMMUNITY, ENVIRONMENT & OUTREACH

... where care, kindness and compassion foster a culture of generosity, empathy and benevolence.

- Charitable Fund-raising
- EDCLUB
- Gryphon Exchange
- International Exchanges;
 - Australia
 - Canada
 - South Africa
 - Tasmania
- KSAR Charity Group
- Local Abbey Radio Presenters
- My New Friend 'Letter Writing' Club
- Nature Club
- Supporters & Listeners
- Sunday Lunch Club
- Volunteering;
 - Brownies helpers
 - Language Volunteers
 - Litter Picking
 - Patient Participation Group
 - Pre-prep & primary school helpers
 - Primary School Debating Workshops
 - Residential care home visits & entertainment
 - Sherborne Primary Community Café helpers
 - STEM Ambassadors
 - Youth Ambassadors
 - Youth Club helpers
 - Zooniverse

HOUSE SPIRIT & FUN

... where camaraderie and bonds of friendship are cemented for life!

- Inter-House Competitions:
 - Athletics
 - Badminton
 - Dance
 - Drama
 - Football
 - Hockey
 - Lacrosse
 - Netball
 - Singing
 - Swimming
 - Tennis
- Press Pause Day
- Sunday Activities;
 - Arts & Crafts
 - Circus Skills
 - Cookery
 - Countryside Rambles
 - Escape Rooms
 - Festive Shopping
 - Laser Tag
 - Ringos/Clip 'n' Climb/Flip Out
 - Surfing
 - Water Parks
- The Glee Cup
- Weekend Socials;
 - Beach evenings
 - Bowling/Cinema trips
 - Black-tie events
 - Ceilidh
 - CourtsFest
 - Discos (Roller/Silent)
 - Garden Parties
 - Karoke Nights
 - Murder Mystery Trails
 - Neon Zumba Parties
 - Outdoor Games/Cinema
 - RockSoc

BEYOND THE CLASSROOM

CLUBS AND ACTIVITIES ARE LISTED ALPHABETICALLY WITH RELEVANT INFORMATION.


PUPILS CAN REGISTER FOR CLUBS OF THEIR CHOICE USING INVOLVE.

WHERE THERE IS A POTENTIAL COST, PARENTS WILL BE CONTACTED FOR PERMISSION IN ADVANCE OF ANY BILLING.




ADVANCED MATHS CHALLENGE CLUB

A wonderful opportunity for those who have a love of mathematics to take part in Team Maths Challenges in preparation for inter-school competitions.

Year Groups:	Day:	Time:	Location:
L6 U6	Friday	13.45-14.30	Main School, UWW
Term:	Day:	Category:	Staff Contact:
Michaelmas	Y	Academic Enrichment	Dr Moore
Lent	-	Type:	Cost:
Trinity	-	Skill 	-


ADVANCED LIFE SCIENCES

An opportunity for pupils interested in Life Science and healthcare professions including Medicine, Dentistry, and Veterinary Medicine to gain experience through practical activities and workshops to extend and enrich their learning.

Year Groups:	Day:	Time:	Location:
L6	Thursday	17.15-18.10	Science Dept, Biology 1
Term:	Day:	Category:	Staff Contact:
Michaelmas	Y	Academic Enrichment	Mrs Lockwood
Lent	Y	Type:	Cost:
Trinity	Y	Knowledge 	-

ASTRONOMY

In Astronomy Club we'll learn about space and the Universe. Whenever possible, we'll be using our own observatory to study the Moon, Jupiter and Saturn.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Monday	17.15-18.10	Science Dept, Physics 1
Term:	Day:	Category:	Staff Contact:
Michaelmas	Y	Academic Enrichment	Mr Blake
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-


ATHLETICS CLUB

Open to all athletes who want to work on improving their ability in individual events.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Monday	19.00-20.30	Yeovil Athletics Arena
Term		Category:	Staff Contact:
Michaelmas	-	Sport, Health & Fitness	Mr Tolley
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	£50 annual membership £2.50 per session

BASKETBALL CLUB

An opportunity for pupils to learn a new sport, make friends and have fun.

Year Groups:	Day:	Time:	Location:
M5 U5	Tuesday	17.15-18.10	Oxley, Sports Hall
Term		Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mrs Parkin
Lent	Y	Type:	Cost:
Trinity	-	Physical 	-


AUSTRALIA EXCHANGE

Exchanges are an opportunity for pupils to experience school life in a different country for a few weeks in the year. A great way to make new friends, learn about different cultures and explore places you haven't visited before.

Year Groups:	Day:	Time:	Location:
U5	Resident exchange	N/A	St Peter's School Adelaide
Term		Category:	Staff Contact:
Michaelmas	-	Adventure & Leadership	Mrs Mackintosh
Lent	Y	Type:	Cost:
Trinity	Y	Leadership 	Travel, visa & spending money


BEGINNERS CLASSICAL GREEK

A gateway to the ancient world, Classical Greek BeginnersClub is for those who wish to learn the basics.

Year Groups:	Day:	Time:	Location:
L5 U5 L6 U6	Wednesday	15.25-17.00	Languages Dept, 3E
L6	Thursday	13.45-14.30	Languages Dept, 3E
Term:		Category:	Staff Contact:
Michaelmas	Y	Personal Skills & Development	Ms Haslam
Lent	Y	Type:	Cost:
Trinity	Y	Knowledge 	-


BALLET LESSONS

Ballet is the perfect discipline to develop posture, alignment, strength, flexibility, coordination and grace.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Various	By arrangement	Helen Laxton Dance School, Yeovil
Term:		Category:	Staff Contact:
Michaelmas	Y	Creative & Performing Arts	Miss Nightingale
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	£80 per term

BOARD GAMES CLUB

A great way to make new friends, join the Board Games club and learn new skills including improving your memory and problem solving.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Friday	17.15-18.10	Main School, Library
Term:		Category:	Staff Contact:
Michaelmas	Y	Personal Skills & Development	Mrs Watts
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-


BRASS ENSEMBLE

The Brass Ensemble plays chamber music for brass instruments in a range of genres.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Thursday	17.15-18.10	Merritt Centre
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mrs Morgan
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-

CELLO ENSEMBLE

All cellists are welcome to join this ensemble playing a range of music from Classical to Pop led by our brilliant Cello teacher Mr Serna.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Friday	13.45-14.30	Merritt Centre, Rm 7
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mrs Morgan
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-


CANADA EXCHANGE

Exchanges are an opportunity for pupils to experience school life in a different country for a few weeks in the year. A great way to make new friends, learn about different cultures and explore places you haven't visited before.

Year Groups:	Day:	Time:	Location:
L5	Resident exchange	N/A	Canada
Term	Category:	Staff Contact:	
Michaelmas	-	Adventure & Leadership	Mrs Mackintosh
Lent	Y	Type:	Cost:
Trinity	Y	Leadership 	Travel, visa & spending money


CERAMICS CLUB

Pupils will have an opportunity to develop their ceramics knowledge and practical skills.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Monday	17.15-18.10	Art Dept, Rm G1
Term:	Category:	Staff Contact:	
Michaelmas	Y	Personal Skills & Development	Mrs Diggie Perry
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-


CATHOLIC CONFIRMATION CLASSES

These are weekly sessions preparing pupils to take their Catholic Confirmation.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Monday	17.15-18.10	Leweston School
Term:	Category:	Staff Contact:	
Michaelmas	Y	Personal Skills & Development	Mrs Hardy
Lent	Y	Type:	Cost:
Trinity	-	Knowledge 	-


CHEMISTRY OLYMPIAD

The Chemistry Olympiad is an international academic competition. Pupils will be taught advanced chemical concepts and sit an examination in the Lent Term, using past papers.

Year Groups:	Day:	Time:	Location:
U6	Tuesday	16.15-17.00	Science Dept, Chem 1
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mr Angelosanto
Lent	Y	Type:	Cost:
Trinity	-	Knowledge 	-


CoFE CONFIRMATION CLASSES

Confirmation class for anyone wanting to explore the Christian faith and to be confirmed into the Church of England in February 2025.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Thursday	17.15-18.10 / 20.00-20.45	Main School, The Ark
Term:	Category:	Staff Contact:	
Michaelmas	Personal Skills & Development	Rev Windle	
Lent			
Trinity			
Type:	Cost:		
Knowledge 	-		

CREATIVE WRITING CLUB

The Creative Writing Club offers pupils a supportive space to be creative by exploring all forms of writing. From poetry and fiction, to screenplays and investigative journalism, you will be able to participate in writing workshops in a vibrant community of young writers which will help pupils find their unique voice.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Thursday	17.15-18.10	English Dept
Term:	Category:	Staff Contact:	
Michaelmas	Personal Skills & Development	Miss Watts	
Lent			
Trinity			
Type:	Cost:		
Skill 	-		


COMBINED CADET FORCE (CCF)

A chance for pupils to develop life skills and self-confidence through a military framework. Cadets can look forward to exciting adventurous training opportunities, field trips and summer camps.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Wednesday	15.30-17.30	SS, The Courts & Careys
Term:	Category:	Staff Contact:	
Michaelmas	Adventure & Leadership	Mrs Armstrong	
Lent			
Trinity			
Type:	Cost:		
Skill/Volunteering 	£15/term		


CROCHET CLUB

This is a fun, creative club, for pupils wanting to learn to crochet or knit. This activity helps with hand-eye co-ordination and is a great way to relax with friends.

Year Groups:	Day:	Time:	Location:
L5 M5	Tuesday	17.15-18.10	Main School, Library
Term:	Category:	Staff Contact:	
Michaelmas	Personal Skills & Development	Mrs Watts	
Lent			
Trinity			
Type:	Cost:		
Skill 	-		


CRAFT CLUB

Pupils will be offered the opportunity to engage in enriching craft activities. They will use a wide variety of resources from paper to fabric and everything in between.

Year Groups:	Day:	Time:	Location:
L4 U4	Wednesday	17.15-18.10	Aldhelmsted West
Term:	Category:	Staff Contact:	
Michaelmas	Creative & Performing Arts	Miss Dainty	
Lent			
Trinity			
Type:	Cost:		
Skill 	-		

3D DESIGN OPEN WORKSHOP

The 3D Design workshop is a time for pupils to complete personal projects, portfolios, or practical school work with assistance provided by the 3D Design technician and the use of all the machinery in the workshops such as laser cutters and 3D printers.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Tuesday	17.15-18.10	Art Dept, 3D Design Workshop
Term:	Category:	Staff Contact:	
Michaelmas	Creative & Performing Arts	Mr Scott	
Lent			
Trinity			
Type:	Cost:		
Skill 	-		


DIVERSE VOICES

Diverse Voices is a club that meets to discuss a range of diversity-related matters.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Wednesday	17.15-18.10	Main School, Rm 21
Term:	Day:	Category:	Staff Contact:
Michaelmas	Y	Personal Skills & Development	Mr McClary
Lent	Y		
Trinity	Y		
Term:	Day:	Type:	Cost:
Michaelmas	Y	Knowledge 	-
Lent	Y		
Trinity	Y		


DUKE OF EDINBURGH'S AWARD - GOLD (DARTMOOR, SNOWDONIA, THE HIGHLANDS)

The award is an opportunity to make friends, have fun and build confidence in an empowering and exciting environment. By taking part, you will learn a huge range of practical and character building skills such as resilience, problem-solving, team-working and drive.

Year Groups:	Day:	Time:	Location:
L6	Various	By arrangement	Sherborne Girls
Term	Day:	Category:	Staff Contact:
Michaelmas	Y	Adventure & Leadership	Mrs Armstrong
Lent	Y		
Trinity	Y		
Term	Day:	Type:	Cost:
Michaelmas	Y	Leadership 	£1,000 approx
Lent	Y		
Trinity	Y		


DUKE OF EDINBURGH'S AWARD - BRONZE (PURBECKS)

The award is an opportunity to make friends, have fun and build confidence in an empowering and exciting environment. By taking part, you will learn a huge range of practical and character building skills such as resilience, problem-solving, team-working and drive.

Year Groups:	Day:	Time:	Location:
L5 (Compulsory)	Various	By arrangement	Sherborne Girls
Term	Day:	Category:	Staff Contact:
Michaelmas	Y	Adventure & Leadership	Mrs Armstrong
Lent	Y		
Trinity	Y		
Term	Day:	Type:	Cost:
Michaelmas	Y	Leadership 	£200 approx
Lent	Y		
Trinity	Y		


DUNGEONS & DRAGONS

Join D&D (table top RPG). Compete in campaigns and be part of a group creating new worlds and characters.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Thursday	17.15-18.10	Main School, Library
Term	Day:	Category:	Staff Contact:
Michaelmas	Y	Personal Skills & Development	Mrs Watts
Lent	Y		
Trinity	Y		
Term	Day:	Type:	Cost:
Michaelmas	Y	Skill 	-
Lent	Y		
Trinity	Y		

DUKE OF EDINBURGH'S AWARD - SILVER (QUANTOCKS & EXMOOR)

The award is an opportunity to make friends, have fun and build confidence in an empowering and exciting environment. By taking part, you will learn a huge range of practical and character building skills such as resilience, problem-solving, team-working and drive.

Year Groups:	Day:	Time:	Location:
M5 rolling over to U5	Various	By arrangement	Sherborne Girls
Term	Day:	Category:	Staff Contact:
Michaelmas	Y	Adventure & Leadership	Mrs Armstrong
Lent	Y		
Trinity	Y		
Term	Day:	Type:	Cost:
Michaelmas	Y	Leadership 	£500 approx
Lent	Y		
Trinity	Y		

EARLY MORNING SWIMMING

Swimming uses all the muscles in the body which helps to keep you fit and can improve wellbeing.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Tuesday Thursday	07.00-07.50	Oxley, Sports Hall
Term	Day:	Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Watts
Lent	Y		
Trinity	Y		
Term	Day:	Type:	Cost:
Michaelmas	Y	Physical 	-
Lent	Y		
Trinity	Y		


EDCLUB

Get involved in a life-changing charitable project called the EDCLUB (Encouraging Disadvantaged Children to Learn Using Broadband) movement where we skype with children in Kenya to improve their learning and make valuable friendships.

Year Groups:	Day:	Time:	Location:
L6 U6	Various	By arrangement	Various
Term:	Category:	Staff Contact:	
Michaelmas	Y	Community, Environment & Outreach	Mrs Mackintosh
Lent	Y		
Trinity	Y		
Type:	Cost:		
Volunteering 	£300		


ENGLISH SPEAKING BOARD (ESB) GRADE 8

An opportunity to develop a range of public speaking and communication skills, which will be assessed by an external examiner at the end of the Lent term.

Year Groups:	Day:	Time:	Location:
L6	Thursday	17.15-18.10	Main School, Rm 21
Term:	Category:	Staff Contact:	
Michaelmas	-	Academic Enrichment	Mr McClary
Lent	Y		
Trinity	-		
Type:	Cost:		
Skill 	£50/term		


ELITE STREET DANCE

For the more experienced dancers, Elite Street will push you to learn new moves and work on more challenging routines which will feed into our performing arts showcase.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Monday	18.00-18.45	Stuart Centre
Term	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mrs Scott
Lent	Y		
Trinity	Y		
Type:	Cost:		
Physical 	£30 per term		

EXPEDITION CLUB

This club will teach you key skills to prepare you for the Ten Tors Challenge and Duke of Edinburgh expeditions. These sessions are also open to pupils who want to become mentors to younger pupils.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Thursday	16.15-18.10	Expedition Hut
Term:	Category:	Staff Contact:	
Michaelmas	Y	Adventure & Leadership	Mrs Armstrong
Lent	-		
Trinity	Y		
Type:	Cost:		
Skill 	-		


ENDURANCE RUNNING

Endurance running for all year groups and abilities who are keen to run to compete, or for personal fitness. Training take place on the tartan track in Yeovil.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Monday	19.00-20.30	Yeovil Athletics Arena
Term	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Mrs Matthias
Lent	Y		
Trinity	Y		
Type:	Cost:		
Physical 	£50 annual membership £2.50 per session		


EXPLORING SPIRITUALITY

An opportunity to explore and share different approaches to spirituality, faith and religion.

Year Groups:	Day:	Time:	Location:
U6	Monday	21.00-21.45	Mulliner, Drawing Room
Term:	Category:	Staff Contact:	
Michaelmas	-	Personal Skills & Development	Mr McClary
Lent	Y		
Trinity	-		
Type:	Cost:		
Knowledge 	-		


FASHION DESIGN CLUB

Pupils will learn about garment construction, fashion design, and how to improve your sewing techniques.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Monday	17.15-18.10	Art Dept, Rm G2
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mr Boa
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-

GEOG ROCKS SOC

An opportunity for pupils to engage in Geographical competitions, discussions on topical issues, and decision-making tasks. Creating presentations on topics of interest.

Year Groups:	Day:	Time:	Location:
L4 U4	Monday	17.15-18.10	Beddington, B10
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mrs Morray-Jones
Lent	Y	Type:	Cost:
Trinity	-	Knowledge 	-

FOCUS

A welcoming chaplaincy-based group which meets for games, cake, bible study, and prayer. Talks are often given by external speakers.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Wednesday	20.00-20.45	Main School, The Ark
Term:	Category:	Staff Contact:	
Michaelmas	Y	Personal Skills & Development	Mrs Scorer
Lent	Y	Type:	Cost:
Trinity	Y	Knowledge 	-


GRYPHON EXCHANGE

An opportunity to meet new people and find out what life at a local day school might be like.

Year Groups:	Day:	Time:	Location:
U4	Exchange	N/A	The Gryphon, Sherborne
Term:	Category:	Staff Contact:	
Michaelmas	-	Community, Environment & Outreach	Mrs Mackintosh
Lent	-	Type:	Cost:
Trinity	-	Leadership 	-


FOOTBALL GOALKEEPING CLUB

Open to all footballers interested in developing their skills as a Goalkeeper. Training will include basic handling, safety, footwork and communication.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Monday	13.00-13.30	Pitches
Term:	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Mr McMorrow
Lent	Y	Type:	Cost:
Trinity	-	Physical 	-


HISTORY OF ART CLUB

This History of Art club prepares pupils for public competitions which include speaking, writing and filmmaking.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Monday	17.15-18.10	Art Dept, Rm T5
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mr Casely
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-


HORSE RIDING

An opportunity for pupils with a love of animals to learn how to ride and care for horses with the help of qualified instructors.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Sunday	15.30-17.30	Pevlings Riding Stables
Term:	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Ms McGrath
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	£28 per lesson + transport


JAPANESE CLUB

A fun and lively way to learn about Japanese culture and language through speaking, listening, reading and writing.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Thursday Thursday Friday	16.15-17.00 17.15-18.10 16.15-17.00	Languages Dept, 1N
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mrs Middleton
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-


ICARUS

A chance to work across multiple creative mediums to produce an immersive installation piece based on the myth of Icarus. Ideal for anyone who wants to build work for a portfolio.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Tuesday	16.15-18.10	Stuart Centre
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Miss Nurse
Lent	-	Type:	Cost:
Trinity	-	Knowledge 	-

JAZZ BAND

A chance to join other instrumentalists and singers to play Jazz and Cuban Music led by the brilliant Miss Milly.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Monday	13.45-14.30	Merritt Centre, Rm 7
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mrs Morgan
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-


INSTRUMENTAL LESSONS

Aside from developing an understanding of music, learning to play an instrument can have a positive impact on cognitive skills as well as helping with social and emotional development.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Various	By arrangement	Merritt Centre
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mrs Win Morgan
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	£40 per lesson


JOINT CECIL SOCIETY (SENIOR LITERARY SOCIETY)

The Cecil Society is an opportunity to develop and extend your literary interests and explore links with a range of other creative disciplines.

Year Groups:	Day:	Time:	Location:
L6 U6	Monday	17.15-18.10	SS and SG English Departments
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mr McClary
Lent	Y	Type:	Cost:
Trinity	Y	Knowledge 	-


JOINT CHEMISTRY SYMPOSIUM

The Chemistry Symposium invites aspiring chemists to research and prepare a 10-minute presentation on an area of 'cutting edge' Chemistry.

Year Groups:	Day:	Time:	Location:
L6 U6	Monday	20.00-20.45	Gransden Hall or Powell Theatre
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mr Angelosanto
Lent	Y	Type:	Cost:
Trinity	-	Knowledge 	-


JOINT SYMPHONY ORCHESTRA

A wonderful, auditioned orchestra of 60+ players from schools in Sherborne. We perform concerts in Michaelmas and Lent terms. A fabulous, high-quality musical ensemble.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Tuesday	17.30-19.00	Gransden Hall
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mr Cracknell
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-


JOINT PHILOSOPHY SOCIETY

An opportunity for Sixth Form pupils to explore the wider issues of Theology, Philosophy and Ethics.

Year Groups:	Day:	Time:	Location:
L6 U6	Tuesday	17.15-18.10	Beddington, BG5 & SS
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mr Melligan
Lent	Y	Type:	Cost:
Trinity	Y	Knowledge 	-


JOINT TEN TORS 35-MILE & 45-MILE CHALLENGE

A unique opportunity to try out for a place in the Sherborne Schools' Ten Tors teams. An exciting and arduous event that builds confidence and fosters essential skills such as navigation, teamwork, resilience, campcraft, and self-sufficiency.

Year Groups:	Day:	Time:	Location:
M5 L6	Weekend	By arrangement	Dartmoor
Term	Category:	Staff Contact:	
Michaelmas	Y	Adventure & Leadership	Mrs Armstrong
Lent	Y	Type:	Cost:
Trinity	Y	Leadership 	£400 approx


JOINT SENIOR PLAY REHEARSALS

Rehearsals for the Senior Production will run throughout the Michaelmas term and will be performed at the end of term. Casting will take place by audition.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Various	By arrangement	Sherborne School, Powell theatre
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mrs Scott
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-


JOINT THINKERS

Thinkers is a dynamic, academically enriching society that meets fortnightly with pupils from other schools. Working in subject-based groups, they prepare presentations, complete Oxbridge entrance exams and listen to lectures.

Year Groups:	Day:	Time:	Location:
L6	Thursday	17.15-18.10	Various
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mrs Scorer
Lent	Y	Type:	Cost:
Trinity	Y	Knowledge 	-


JUNIOR CLIMBING CLUB

Suitable for beginners, this climbing club is an opportunity to learn how to climb safely and explore new heights in a fun environment.

Year Groups:	Day:	Time:	Location:
L5 M5	Thursday	16.15-17.00	Oxley, Sports Hall
Term		Category:	Staff Contact:
Michaelmas	Y	Adventure & Leadership	Mrs Armstrong
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	£35 per term


JUNIOR PERFORMANCE HOCKEY

Performance hockey training is aimed at U14A and U15A players (only) who want to work on and develop their team set plays.

Year Groups:	Day:	Time:	Location:
L5 M5	Thursday	16.15-17.00	Oxley Astro
Term		Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Miss Jones
Lent	-	Type:	Cost:
Trinity	-	Physical 	-


JUNIOR DEVELOPMENT HOCKEY

Open to any L5 and M5 players who want to improve their hockey skills.

Year Groups:	Day:	Time:	Location:
L5 M5	Thursday	16.15-17.00	Oxley Astro
Term		Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Miss Jones
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-

JUNIOR SCIENCE CLUB

These sessions are designed to explore science in a less formal setting. The sessions will mostly be practical based and aimed at developing curiosity, enquiry and practical skills.

Year Groups:	Day:	Time:	Location:
L5	Tuesday	17.15-18.10	Science Dept
Term:		Category:	Staff Contact:
Michaelmas	Y	Academic Enrichment	Mrs Salisbury
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-

JUNIOR LACROSSE STICK SKILLS

Open to all junior lacrosse players who want to improve their stick skills.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5	Thursday	07.00-07.45	Oxley, Sports Hall
Term		Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Miss Willett
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


KSAR CHARITY GROUP

Kabul Small Animal Rescue (KSAR) is an animal rescue and emergency clinic based in Kabul, Afghanistan. Pupils can volunteer to support various aspects of charity, including fundraising, veterinary medicine, and social media.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Thursday	16.15-17.00	Queenies
Term:		Category:	Staff Contact:
Michaelmas	Y	Community, Environment & Outreach	Penny Abbott
Lent	Y	Type:	Cost:
Trinity	Y	Volunteering 	-

LEITHS COOKERY (YR 1)

The Leiths course has been specifically designed to teach the basic skills necessary to become a confident, capable and efficient cook.

Year Groups:	Day:	Time:	Location:
L6	Various	By arrangement	Home Economics Rm
Term:	Category:	Staff Contact:	
Michaelmas	Personal Skills & Development	Mrs Miller	
Lent			
Trinity			
Type:	Cost:		
Skill 	£575 per term		


LEITHS COOKERY (YR 2)

The Leiths course has been specifically designed to teach the basic skills necessary to become a confident, capable and efficient cook.

Year Groups:	Day:	Time:	Location:
U6	Various	By arrangement	Home Economics Rm
Term:	Category:	Staff Contact:	
Michaelmas	Personal Skills & Development	Mrs Miller	
Lent			
Trinity			
Type:	Cost:		
Skill 	£575 per term		

LINGUAPHILES

Over the course of the year, you will have the opportunity to try out several languages through an exciting range of activities led by pupils in the Sixth Form. The languages will be varied, the activities will be fun, and you will have a chance to develop some new skills.

Year Groups:	Day:	Time:	Location:
L5	Monday	17.15-18.10	Languages Dept, 1N
Term:	Category:	Staff Contact:	
Michaelmas	Academic Enrichment	Mrs Blewitt	
Lent			
Trinity			
Type:	Cost:		
Skill 	-		


LITTER PICKING CLUB

Weekly litter pick in groups.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Various	By arrangement	Sherborne
Term:	Category:	Staff Contact:	
Michaelmas	Community, Environment & Outreach	Mrs Mackintosh	
Lent			
Trinity			
Type:	Cost:		
Volunteering 	-		


LOWER FIFTH ACADEMIC SCHOLARS GROUP

This is an opportunity for scholars to broaden their knowledge and enrich their academic experience.

Year Groups:	Day:	Time:	Location:
L5	Wednesday	16.15-17.00	Beddington Lecture Theatre
Term:	Category:	Staff Contact:	
Michaelmas	Academic Enrichment	Mrs Scorer	
Lent			
Trinity			
Type:	Cost:		
Knowledge 	-		

LOWER FIFTH BOOK CLUB

Meet to discuss a book you have read and come along to share what you loved or didn't like.

Year Groups:	Day:	Time:	Location:
L5	Monday	17.15-18.10	Main School, Library
Term:	Category:	Staff Contact:	
Michaelmas	Academic Enrichment	Mrs Watts	
Lent			
Trinity			
Type:	Cost:		
Skill 	-		


LOWER FIFTH CROCHET CLUB

This is a fun, creative club for pupils wanting to learn to crochet or knit. This activity helps with hand-eye co-ordination and is a great way to relax with friends.

Year Groups:	Day:	Time:	Location:
L5	Tuesday	17.15-18.10	Main School, Library
Term:	Category:	Staff Contact:	
Michaelmas	Y	Personal Skills & Development	Mrs Watts
Lent	Y		
Trinity	Y		
Type:	Cost:		
Skill 	-		


LOWER FIFTH LACROSSE CLUB

An opportunity for lacrosse enthusiasts to develop their skills and play in a squad environment.

Year Groups:	Day:	Time:	Location:
L5	Wednesday	16.15-17.00	Oxley, Sports Hall
Term:	Category:	Staff Contact:	
Michaelmas	-	Sport, Health & Fitness	Miss Willett
Lent	Y		
Trinity	-		
Type:	Cost:		
Physical 	-		

LOWER FIFTH DANCE CLUB

Learn and explore a wide variety of dance styles (including contemporary, musicals, and jazz). Performing dance pieces in front of an audience at the end-of-year showcase.

Year Groups:	Day:	Time:	Location:
L5	Tuesday	17.15-18.10	Stuart Centre
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Miss Nightingale
Lent	-		
Trinity	Y		
Type:	Cost:		
Physical 	-		


LOWER FIFTH LANGUAGE VOLUNTEERS

A volunteering opportunities for mother-tongue speakers, or near-bilingual speakers, of a language other than English to support pupils in West with their language skills.

Year Groups:	Day:	Time:	Location:
L5	Tuesday	16.15-17.00	Languages Dept
Term:	Category:	Staff Contact:	
Michaelmas	Y	Community, Environment & Outreach	Mrs Blewitt
Lent	-		
Trinity	-		
Type:	Cost:		
Volunteering 	-		

LOWER FIFTH JUNIOR GYM

An opportunity for pupils to use the fitness suite for personal fitness.

Year Groups:	Day:	Time:	Location:
L5	Wednesday	16.15-18.00	Oxley, Fitness Suite
Term:	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Miss Teasdale
Lent	Y		
Trinity	Y		
Type:	Cost:		
Physical 	-		

LOWER FIFTH NETBALL CLUB

An opportunity for netball enthusiasts to develop their skills and play in a squad environment.

Year Groups:	Day:	Time:	Location:
L5	Wednesday	16.15-17.00	Oxley, Sports Hall
Term:	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Miss Walls
Lent	-		
Trinity	-		
Type:	Cost:		
Physical 	-		


LOWER FIFTH PLAY REHEARSALS

Rehearsals for the L5 Production, which will run throughout the Michaelmas term and will be performed at the beginning of the Lent term. Casting will take place by audition.

Year Groups:	Day:	Time:	Location:
L5	Thursday Friday	16.15-18.10 19.30-20.30	Stuart Centre
Term		Category:	Staff Contact:
Michaelmas	Y	Creative & Performing Arts	Mrs Scott
Lent	-	Type:	Cost:
Trinity	-	Skill 	-

MADRIGAL SOCIETY

An auditioned Chamber Choir. We sing joint services with the Sherborne Boys, visit cathedrals, and prepare music for concerts and competitions.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Thursday	20.00-20.45	Gransden Hall
Term		Category:	Staff Contact:
Michaelmas	Y	Creative & Performing Arts	Mark Cracknell
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-


LOWER FIFTH SPORTS SCHOLARS' STRENGTH & CONDITIONING

Improve your experience and performance in sport through injury prevention, correct movement patterns and strengthening your muscles.

Year Groups:	Day:	Time:	Location:
L5	Tuesday	13.45-14.30	RH Courts
Term		Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Long
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-

MASK MAKING & RELAXATION CLUB

Learn how to make a sleep mask and use it as part of a relaxation/yoga session.

Year Groups:	Day:	Time:	Location:
L5	Wednesday	17.15-18.10	Art Dept, Textiles
Term:		Category:	Staff Contact:
Michaelmas	Y	Personal Skills & Development	Mrs Warwood-Smith
Lent	-	Type:	Cost:
Trinity	-	Skill 	-


LOWER FIFTH TENNIS SQUAD

An opportunity for L5 pupils to play tennis all year round in a squad environment.

Year Groups:	Day:	Time:	Location:
L5	Tuesday	13.45-14.30	RH Courts
Term		Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Long
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


MATHS CHALLENGE CLUB

A wonderful opportunity for those who have a love of mathematics to take part in Team Maths Challenges in preparation for inter-school competitions.

Year Groups:	Day:	Time:	Location:
L5 M5 U5	Friday	13.45-14.30	Main School, UWW
Term		Category:	Staff Contact:
Michaelmas	-	Academic Enrichment	Dr Moore
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-

MIDDLE AND UPPER FIFTH ACADEMIC SCHOLARS

This is an opportunity for scholars to broaden their knowledge and enrich their academic experience.

Year Groups:	Day:	Time:	Location:
M5 U5	Friday	16.15-17.00	Beddington Lecture Theatre
Term:	Category:	Staff Contact:	
Michaelmas	Y	Academic Enrichment	Mrs Scorer
Lent	Y	Type:	Cost:
Trinity	Y	Knowledge 	-


MIDDLE FIFTH SPORTS SCHOLARS' STRENGTH & CONDITIONING

Improve your experience and performance in sport through injury prevention, correct movement patterns and strengthening your muscles.

Year Groups:	Day:	Time:	Location:
M5	Thursday	16.15-17.00	Oxley, Performance Gym
Term:	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Mr Pattinson
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


MIDDLE FIFTH DANCE CLUB

Learn and explore a wide variety of dance styles including contemporary, lyrical, jazz and musicals.

Year Groups:	Day:	Time:	Location:
M5	Tuesday	17.15-18.10	Stuart Centre
Term:	Category:	Staff Contact:	
Michaelmas	-	Creative & Performing Arts	Miss Nightingale
Lent	Y	Type:	Cost:
Trinity	-	Physical 	-


MIDDLE FIFTH TENNIS SQUAD

Invitation only for M5 pupils who wish to play team tennis in the Trinity Term.

Year Groups:	Day:	Time:	Location:
M5	Monday	13.45-14.30	RH Courts
Term:	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Mr Long
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


MIDDLE FIFTH JUNIOR GYM

An opportunity for pupils to use the fitness suite for personal fitness.

Year Groups:	Day:	Time:	Location:
M5	Friday	16.15-17.15	Oxley, Fitness Suite
Term:	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Miss Teasdale
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


MODEL UNITED NATIONS (MUN)

MUN is an educational model of the UN used for simulations to help pupils learn about diplomacy and international relations. Participants learn skills like research, public speaking, debating, writing, critical thinking, teamwork, and leadership.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Wednesday	16.15-17.30	Beddington Lecture Theatre
Term:	Category:	Staff Contact:	
Michaelmas	Y	Personal Skills & Development	Mr Banks
Lent	Y	Type:	Cost:
Trinity	Y	Skill/Volunteering 	£15/term


MUSICAL THEATRE CHOIR

A choir for anyone interested in taking part in modern musical theatre singing. Songs from Hamilton to Les Mis and everything else in between.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Thursday	16.15-17.00	Gransden Hall
Term:	Category:	Staff Contact:	
Michaelmas	Creative & Performing Arts	Mark Cracknell	
Lent	Type:	Cost:	
Trinity	Skill 	-	

ORIANA ORCHESTRA

An opportunity for Sixth Form musicians to help create a community orchestra formed of young players from the surrounding primary schools.

Year Groups:	Day:	Time:	Location:
L6 U6	Tuesday	16.15-17.00	Gransden Hall
Term:	Category:	Staff Contact:	
Michaelmas	Creative & Performing Arts	Mrs Win Morgan	
Lent	Type:	Cost:	
Trinity	Volunteering 	-	

MY NEW FRIEND LETTER WRITING PROJECT

Writing a weekly letter to an elderly resident in one of Sherborne's care homes.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Various	By arrangement	Houses
Term:	Category:	Staff Contact:	
Michaelmas	Community, Environment & Outreach	Mrs Mackintosh	
Lent	Type:	Cost:	
Trinity	Volunteering 	-	

OUTDOOR EDUCATION

A series of lessons to introduce you to the skills needed to complete the L5 DofE expedition in the Trinity Term.

Year Groups:	Day:	Time:	Location:
L5 (Compulsory)	Tuesday Thursday Friday	16.15-17.00 16.15-17.00 16.15-17.00	Expedition Hut
Term:	Category:	Staff Contact:	
Michaelmas	Adventure & Leadership	Mrs Armstrong	
Lent	Type:	Cost:	
Trinity	Knowledge 	-	

NATURE CLUB

Spirituality in Nature - connecting with the environment through walks, creativity, reflection, and meditation.

Year Groups:	Day:	Time:	Location:
L5	Thursday	16.15-17.00	Main School, The Ark
Term:	Category:	Staff Contact:	
Michaelmas	Community, Environment & Outreach	Rev Windle	
Lent	Type:	Cost:	
Trinity	Knowledge 	-	


PHOTOGRAPHY AND DESIGN CLUB

A chance to explore the world of Photography and Design with self-directed projects and access to specialist equipment including laser cutters, 3D printers and photography studio.

Year Groups:	Day:	Time:	Location:
M5 U5	Friday	17.15-18.10	Art Dept, Design Studio
Term:	Category:	Staff Contact:	
Michaelmas	Personal Skills & Development	Mr Greed	
Lent	Type:	Cost:	
Trinity	Skill 	-	

POLITICS & INTERNATIONAL RELATIONS BOOK/PODCAST CLUB

This club will meet on a half-termly basis to discuss a nominated book that has been chosen to enhance your knowledge and awareness of Politics & International Relations.

Year Groups:	Day:	Time:	Location:
M5 U5 L6 U6	Friday	17.15-18.10	Beddington, BG5
Term:	Category:	Staff Contact:	
Michaelmas	Academic Enrichment	Mr Barnes	
Lent	Knowledge 	Cost:	
Trinity		Cost of Book	


RUNNING CLUB

Open to all runners from beginners to more experienced who would like to improve their running technique and endurance. Training is on the grass track at SG, followed by a nutritional planned recovery lunch.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Friday	13.00-14.00 - late lunch	SG Athletics Track
Term	Category:	Staff Contact:	
Michaelmas	Sport, Health & Fitness	Mrs Matthias	
Lent	Physical 	Cost:	
Trinity		-	


ROCK BANDS

An opportunity to form a band with your friends and be guided by our Electric Guitar and Drum Kit teachers.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Wednesday or Thursday	17.15-18.10	Merritt Centre, Rock Studio
Term:	Category:	Staff Contact:	
Michaelmas	Creative & Performing Arts	Mrs Win Morgan	
Lent	Skill 	Cost:	
Trinity		-	


SAILING CLUB

Open to pupils who are experienced sailors and interested in representing the School.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Saturday	13.00-16.00	Sutton Bigham Reservoir
Term	Category:	Staff Contact:	
Michaelmas	Adventure & Leadership	Mrs Armstrong	
Lent	Physical 	Cost:	
Trinity		£110 per term	


QWEST

A welcoming chaplaincy-based group which meets for games, craft, prayer, and a chance to tackle some of life's big questions.

Year Groups:	Day:	Time:	Location:
L4 U4	Thursday	13.45-14.15	AW Drawing Room
Term:	Category:	Staff Contact:	
Michaelmas	Personal Skills & Development	Rev Windle	
Lent	Knowledge 	Cost:	
Trinity		-	


SENIOR (1ST XI) PERFORMANCE HOCKEY TRAINING

This opportunity is for the 1st XI hockey squad (only) to work on and develop set plays.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Wednesday	17.15-18.10	Oxley Astro
Term	Category:	Staff Contact:	
Michaelmas	Sport, Health & Fitness	Miss Jones	
Lent	Physical 	Cost:	
Trinity		-	

SENIOR BADMINTON CLUB

Open to badminton players who want to work on improving their technical and tactical ability on the court.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Friday	17.15-18.10	Oxley, Sports Hall
Term:	Category:	Staff Contact:	
Michaelmas	Sport, Health & Fitness	Mr Martin	
Lent	-	-	
Trinity	-	-	
Term:	Type:	Cost:	
Michaelmas	Physical 	-	
Lent	-	-	
Trinity	-	-	


SENIOR DANCE CLUB

Learn and explore a wide range of dance styles. Pupils will have the opportunity to use creative skills and work collaboratively to help choreograph pieces for the end-of-term showcase.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Thursday	20.00-20.45	Oxley Dance Studio
Term:	Category:	Staff Contact:	
Michaelmas	Creative & Performing Arts	Miss Nightingale	
Lent	-	-	
Trinity	-	-	
Term:	Type:	Cost:	
Michaelmas	Creative & Performing Arts	-	
Lent	Physical 	-	
Trinity	Physical	-	

SENIOR CHOIR

A choir that any pupil from L5-U6 can join. We sing a wide variety of songs from modern to classical. The choir also sings every week in prayers and Abbey services.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Monday Friday	20.00-20.45 17.15-18.10	Gransden Hall
Term:	Category:	Staff Contact:	
Michaelmas	Creative & Performing Arts	Mark Cracknell	
Lent	-	-	
Trinity	-	-	
Term:	Type:	Cost:	
Michaelmas	Skill 	-	
Lent	-	-	
Trinity	-	-	


SENIOR DEVELOPMENT HOCKEY TRAINING

Open to any senior hockey players who want to improve their skills in the off-season.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Wednesday	17.15-18.10	Oxley, Astro
Term:	Category:	Staff Contact:	
Michaelmas	Sport, Health & Fitness	Mrs Parkin	
Lent	-	-	
Trinity	-	-	
Term:	Type:	Cost:	
Michaelmas	Sport, Health & Fitness	-	
Lent	Physical 	-	
Trinity	Physical	-	


SENIOR CLIMBING CLUB

Climbing is a fun and exciting sport that is also a great way to stay active and agile. This club is suitable for beginners as well as more experienced climbers and includes access to both the bouldering area and the climbing wall.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Thursday	17.15-18.10	Oxley, Sports Hall
Term:	Category:	Staff Contact:	
Michaelmas	Adventure & Leadership	Mrs Armstrong	
Lent	-	-	
Trinity	-	-	
Term:	Type:	Cost:	
Michaelmas	Physical 	£35 per term	
Lent	-	-	
Trinity	-	-	

SENIOR HISTORY SOCIETY

This society involves pupil-led presentations on historical topics of their choice and an opportunity to work together to produce a school magazine.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Friday	13.45-14.30	Beddington, B5
Term:	Category:	Staff Contact:	
Michaelmas	Academic Enrichment	Mrs Elliott	
Lent	-	-	
Trinity	-	-	
Term:	Type:	Cost:	
Michaelmas	Academic Enrichment	-	
Lent	Knowledge 	-	
Trinity	Knowledge	-	


SENIOR INDOOR-HOCKEY TRAINING

Indoor hockey training session for Senior players.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Tuesday	20.00-20.45	SS, Mike Davis Hall
Term	Category:		Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Henderson
Lent	Y	Type:	Cost:
Trinity	-	Physical 	-

SENIOR TENNIS SQUAD

Invitation only for U5-U6 pupils preparing to play team tennis in the Trinity term.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Thursday	17.15-18.10	RH Courts
Term	Category:		Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Long
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


SENIOR LACROSSE STICK SKILLS

Open to all senior lacrosse players who want to improve their stick skills.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Tuesday	07.00-07.45	Oxley, Sports Hall
Term	Category:		Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Tolley
Lent	Y	Type:	Cost:
Trinity	-	Physical 	-

SERENATA STRINGS

A String Ensemble for players Grade 1-5. Playing music from Mozart to Disney Classics.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Thursday	16.15-17.00	The Merritt Centre, Rm 7
Term:	Category:		Staff Contact:
Michaelmas	Y	Creative & Performing Arts	Mrs Win Morgan
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-


SENIOR SPORTS SCHOLARS STRENGTH & CONDITIONING

Strength & Conditioning is used to improve your experience and performance in sport through injury prevention, teaching correct movement patterns and strengthening your muscles.

Year Groups:	Day:	Time:	Location:
L6 U6	Various	By arrangement	Oxley, Performance Gym
Term	Category:		Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Pattinson
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


SINFONIA

Pupils are invited to audition for the Joint Schools Sinfonia Orchestra. Musicians will have the opportunity to play a diverse collection of pieces in collaboration with pupils from other schools. One of the highlights of the year will be a joint concert in the Lent Term.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5	Tuesday	17.30-18.45	Gransden Hall
Term:	Category:		Staff Contact:
Michaelmas	Y	Creative & Performing Arts	Mrs Win Morgan
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-


SIXTH FORM PLAY REHEARSALS

Rehearsals for the Senior Production, which will run throughout the Trinity term and will be performed at the end of term. Casting will take place by audition.

Year Groups:	Day:	Time:	Location:
L6 U6	Friday	19.00-20.45	Stuart Centre
Term:	Category:	Staff Contact:	Cost:
Michaelmas	-	Creative & Performing Arts	Mrs Scott
Lent	-	Type: 	-
Trinity	Y	Skill	-

SONGWRITING PRODUCTION

These sessions are for any songwriters who have material, already written and would like to produce it professionally using the school's studio facilities.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Wednesday	16.15-17.00	Merritt Centre
Term:	Category:	Staff Contact:	Cost:
Michaelmas	Y	Creative & Performing Arts	Mr Dury
Lent	Y	Type: 	-
Trinity	Y	Skill	-


SOUTH AFRICA EXCHANGE

Exchanges are an opportunity for pupils to experience school life in a different country for a few weeks in the year. A great way to make new friends, learn about different cultures and explore places you haven't visited before.

Year Groups:	Day:	Time:	Location:
U5	Resident exchange	N/A	Johannesburg, South Africa
Term:	Category:	Staff Contact:	Cost:
Michaelmas	-	Adventure & Leadership	Mrs Armstrong
Lent	Y	Type: 	-
Trinity	Y	Leadership	Travel, visa & spending money


SPEECH & DRAMA LESSONS

Speech and drama activities are an ideal way to build self confidence, learn effective communication skills and delve into the realms of the imagination. L4 to L5 pupils are placed in group lessons, thereafter pupils can opt for single lessons if they choose.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Various	By arrangement	Old Mulliner, Drama Room
Term:	Category:	Staff Contact:	Cost:
Michaelmas	Y	Creative & Performing Arts	Mr Freestone
Lent	Y	Type: 	-
Trinity	Y	Skill	£18.75-£45 per lesson


SPORTS LEADERS

Being part of Sports Leaders will help you develop the skills necessary to lead and inspire others in sport. You will learn about effective communication skills, motivation, decision-making and emotional intelligence as well as how to plan and run a sports event.

Year Groups:	Day:	Time:	Location:
M5	Friday	16.15-17.00	Sports Hall
Term:	Category:	Staff Contact:	Cost:
Michaelmas	Y	Sport, Health & Fitness	Miss Walls
Lent	Y	Type: 	-
Trinity	Y	Volunteering	£50

STREET DANCE

These high energy, fun classes are an opportunity to learn the fundamentals of Street Dance and work together to prepare some whole dance sequences and numbers.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Monday	17.15-18.10	Stuart Centre
Term:	Category:	Staff Contact:	Cost:
Michaelmas	Y	Creative & Performing Arts	Mrs Scott
Lent	Y	Type: 	-
Trinity	Y	Physical	£30 per term

STRING ORCHESTRA

An ensemble for our most advanced String Players from Grade 6+. Performing in School Concerts and in the local community.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Thursday	17.15-18.10	Gransden Hall
Term:	Category:	Staff Contact:	
Michaelmas	Y	Creative & Performing Arts	Mrs Win Morgan
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-

SUMMER LEAGUE HOCKEY (YEOVIL)

An opportunity for hockey players to join a local hockey league and play through the summer.

Year Groups:	Day:	Time:	Location:
L5 M5 U5 L6 U6	Tuesday	19.00-21.00	Yeovil Athletics Arena
Term:	Category:	Staff Contact:	
Michaelmas	-	Sport, Health & Fitness	Mrs Parkin
Lent	-	Type:	Cost:
Trinity	Y	Physical 	£30 per term + transport


SUMMER ORCHESTRA

All musicians are welcome to join this orchestra which replace the Joint Symphony Orchestra in the summer term.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Tuesday	17.15-18.10	Gransden Hall
Term:	Category:	Staff Contact:	
Michaelmas	-	Creative & Performing Arts	Mr Cracknell
Lent	-	Type:	Cost:
Trinity	Y	Skill 	-


TASMANIA EXCHANGE

Exchanges are an opportunity for pupils to experience school life in a different country for a few weeks in the year. A great way to make new friends, learn about different cultures and explore places you haven't visited before.

Year Groups:	Day:	Time:	Location:
M5	Resident exchange	N/A	Tasmania
Term:	Category:	Staff Contact:	
Michaelmas	-	Adventure & Leadership	Mrs Mackintosh
Lent	Y	Type:	Cost:
Trinity	-	Leadership 	Travel, visa & spending money

TECHNOLOGY SUPPORT

Learn new features in Microsoft which will help you with your work, organisation and planning. This club is led by digital ambassadors in the Sixth Form and will be an invaluable activity if you are new to Microsoft software and want to learn to work in a smart way.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5	Friday	13.45-14.20	Beddington - B0
Term:	Category:	Staff Contact:	
Michaelmas	Y	Personal Skills & Development	Miss Nurse
Lent	Y	Type:	Cost:
Trinity	-	Knowledge 	-


TENNIS LESSONS

Tennis lessons are a very adaptable type of fitness and training that can be tailored to your unique goals, whether you want to hone your skills, build your endurance, or simply have more fun on the court.

Year Groups:	Day:	Time:	Location:
L4 U4 L5 M5 U5 L6 U6	Various	By arrangement	RH CourtsTerm
Term:	Category:	Staff Contact:	
Michaelmas	Y	Sport, Health & Fitness	Mrs Jamieson
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	£21-43 lesson


THE CAMBRIDGE CHEMISTRY CHALLENGE

The Cambridge Chemistry Challenge aims to stretch and challenge pupils interested in chemistry and who want to take their scientific studies further. Those who perform to the highest level will win an invitation to a residential camp at the University of Cambridge.

Year Groups:	Day:	Time:	Location:
L6	Tuesday	16.15-17.00	Science Dept, Chem 1
Term	Category:		Staff Contact:
Michaelmas	-	Academic Enrichment	Mr Angelosanto
Lent	-	Type:	Cost:
Trinity	Y	Knowledge 	-

UNDER 16 NETBALL SQUAD

Invitation for top netball players to train and represent the school in U16 competitions.

Year Groups:	Day:	Time:	Location:
M5 U5	Monday	17.15-18.10	Oxley, Sports Hall
Term	Category:		Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Miss Walls
Lent	-	Type:	Cost:
Trinity	-	Physical 	-


TOP 12 TENNIS SQUAD

Invitation only for our top performing senior tennis players in the school.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Friday	13.00-14.00 - late lunch	RH Courts
Term	Category:		Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Long
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	£50 per term


UNDER 19 NETBALL SQUAD

Invitation for top netball players to train and represent the school in U19 competitions.

Year Groups:	Day:	Time:	Location:
L6 U6	Thursday	17.15-18.10	Oxley, Sports Hall
Term	Category:		Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Miss Walls
Lent	-	Type:	Cost:
Trinity	-	Physical 	-


TRAMPOLINE CLUB

An opportunity for athletes to develop gymnastics skills and learn to perform acrobatics while bouncing on a trampoline.

Year Groups:	Day:	Time:	Location:
L5	Wednesday	16.15-17.00	Oxley, Sports Hall
Term	Category:		Staff Contact:
Michaelmas	-	Sport, Health & Fitness	Mrs Gritt
Lent	-	Type:	Cost:
Trinity	Y	Physical 	-

UK LINGUISTICS OLYMPIAD

Whether you consider yourself to be a linguist or not, if you enjoy puzzles then you should come along to the UK Linguistics Olympia club to develop your linguistic puzzle-solving skills. In February you will then have the chance to take part in the national UKLO.

Year Groups:	Day:	Time:	Location:
M5 U5	Thursday	16.15-17.00	Languages Dept, 1S
Term	Category:		Staff Contact:
Michaelmas	Y	Academic Enrichment	Mrs Blewitt
Lent	Y	Type:	Cost:
Trinity	-	Skill 	-

UPPER FIFTH JUNIOR GYM

An opportunity for pupils to use the fitness suite for personal fitness.

Year Groups:	Day:	Time:	Location:
U5	Friday	17.15-18.10	Oxley, Fitness Suite
Term		Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Miss Teasdale
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


VOLUNTEERING CLUB

Work together as a year group to come up with innovative ways of supporting the wider Sherborne community. This club will enable L5 pupils to complete the Volunteering section of the Bronze DofE award.

Year Groups:	Day:	Time:	Location:
L5 (Compulsory)	Tuesday	16.15-17.00	School Hall
Term:		Category:	Staff Contact:
Michaelmas	Y	Community, Environment & Outreach	Mrs Armstrong
Lent	-	Type:	Cost:
Trinity	-	Volunteering 	-

UPPER FIFTH SPORTS SCHOLARS STRENGTH & CONDITIONING

Improve your experience and performance in sport through injury prevention, correct movement patterns and strengthening your muscles.

Year Groups:	Day:	Time:	Location:
U5	Monday	16.15-17.00	Oxley, Performance Gym
Term		Category:	Staff Contact:
Michaelmas	Y	Sport, Health & Fitness	Mr Pattinson
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-

VOLUNTEERING IN LOCAL CARE HOME

Helping out in the community through regular visits to elderly residents in a local care home.

Year Groups:	Day:	Time:	Location:
U5 L6 U6	Various		Sherborne
Term:		Category:	Staff Contact:
Michaelmas	Y	Community, Environment & Outreach	Mrs Mackintosh
Lent	Y	Type:	Cost:
Trinity	Y	Volunteering 	-

VOLLEYBALL CLUB

An opportunity for pupils to learn a new sport, make friends and have fun.

Year Groups:	Day:	Time:	Location:
M5 U5	Tuesday	17.15-18.10	Oxley, Sports Hall
Term		Category:	Staff Contact:
Michaelmas	-	Sport, Health & Fitness	Mrs Parkin
Lent	-	Type:	Cost:
Trinity	Y	Physical 	-


VOLUNTEERING WITH THE BROWNIES

Volunteering weekly with the local Brownies pack.

Year Groups:	Day:	Time:	Location:
L6 U6	Tuesday	17.45- 18.45	Sherborne
Term:		Category:	Staff Contact:
Michaelmas	Y	Community, Environment & Outreach	Mrs Mackintosh
Lent	Y	Type:	Cost:
Trinity	Y	Volunteering 	-


WARRIORS PROGRAMME

This programme aims to equip young people with the skills that are required to build resilience, teamwork and self-confidence.

Year Groups:	Day:	Time:	Location:
L6	1 week	Resident programme	S.Africa
Term		Category:	Staff Contact:
Michaelmas	Y	Adventure & Leadership	Mrs Mackintosh
Lent	-	Type:	Cost:
Trinity	-	Leadership 	£500 approx + travel costs


WEST CHOIR

Our West Choir will be singing a variety of music from popular to classics with the opportunity to perform in 2 concerts a year.

Year Groups:	Day:	Time:	Location:
L4 U4	Monday	16.15-17.00	Gransden Hall
Term		Category:	Staff Contact:
Michaelmas	Y	Creative & Performing Arts	Mr Cracknell
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-


WEST BOOK CLUB

Meet to discuss a book you have read and come along to share what you loved or didn't like.

Year Groups:	Day:	Time:	Location:
L4 U4	Wednesday	17.15-18.10	Main School, Library
Term		Category:	Staff Contact:
Michaelmas	Y	Academic Enrichment	Mrs Watts
Lent	Y	Type:	Cost:
Trinity	Y	Knowledge 	-


WEST CLIMBING CLUB

Suitable for beginners, this climbing club is an opportunity to learn how to climb safely and explore new heights in a fun environment.

Year Groups:	Day:	Time:	Location:
L4 U4	Thursday	17.15-18.10	Oxley, Sports Hall
Term		Category:	Staff Contact:
Michaelmas	Y	Adventure & Leadership	Mrs Armstrong
Lent	-	Type:	Cost:
Trinity	-	Physical 	£35 per term


WEST CHAMBER MUSIC

An opportunity for pupils to join with other instrumental players in a small group and learn how to collaborate through music.

Year Groups:	Day:	Time:	Location:
L4 U4	Tuesday	13.45-14.30	Merritt Centre, Rm 10
Term		Category:	Staff Contact:
Michaelmas	Y	Creative & Performing Arts	Mrs Win Morgan
Lent	Y	Type:	Cost:
Trinity	Y	Skill 	-


WEST DANCE CLUB

Learn and explore a wide variety of dance styles (including contemporary, musicals, and jazz). Performing dance pieces in front of an audience at the end-of-year showcase.

Year Groups:	Day:	Time:	Location:
L4 U4	Tuesday	16.15-17.00	Stuart Centre
Term		Category:	Staff Contact:
Michaelmas	Y	Creative & Performing Arts	Miss Nightingale
Lent	Y	Type:	Cost:
Trinity	Y	Physical 	-


WEST NETBALL CLUB

An opportunity for pupils to have fun and improve their netball skills.

Year Groups:	Day:	Time:	Location:
L4 U4	Tuesday	16.15-17.00	Oxley, Sports Hall
Term	Category:	Staff Contact:	Cost:
Michaelmas	Y	Sport, Health & Fitness	Mrs Jamieson
Lent	-	Type:	-
Trinity	-	Physical 	-

WEST SCIENCE CLUB

These sessions are designed to explore science in a less formal setting. The sessions will mostly be practical based and aimed at developing curiosity, enquiry and practical skills.

Year Groups:	Day:	Time:	Location:
L4 U4	Tuesday	17.15-18.10	Science Dept
Term	Category:	Staff Contact:	Cost:
Michaelmas	Y	Academic Enrichment	Mrs Salisbury
Lent	Y	Type:	-
Trinity	Y	Skill 	-


WEST PLAY

A wonderful opportunity for pupils to come together and learn to act and perform on stage.

Year Groups:	Day:	Time:	Location:
L4 U4	Play in a Week	Gransden Hall	
Term	Category:	Staff Contact:	Cost:
Michaelmas	-	Creative & Performing Arts	Mrs Scott
Lent	-	Type:	-
Trinity	Y	Leadership 	-


WEST SPORTS SCHOLARS STRENGTH & CONDITIONING

Improve your experience and performance in sport through injury prevention, correct movement patterns and strengthening your muscles.

Year Groups:	Day:	Time:	Location:
L4 U4	Tuesday	16.15-17.00	Oxley, Performance
GymTerm	Category:	Staff Contact:	Cost:
Michaelmas	Y	Sport, Health & Fitness	Miss Teasdale
Lent	Y	Type:	-
Trinity	Y	Physical 	-


WEST PUZZLE-SOLVING CLUB

This is an exciting opportunity for pupils to work together to solve both mathematical and linguistic puzzles. Whether it be numbers, words or symbols, develop your puzzle-solving skills in a fun and challenging way.

Year Groups:	Day:	Time:	Location:
L4 U4	Friday	16.15-17.00	Room 7
Term	Category:	Staff Contact:	Cost:
Michaelmas	Y	Academic Enrichment	Mrs Blewitt
Lent	Y	Type:	-
Trinity	-	Skill 	-


WEST TENNIS CLUB

An opportunity for pupils to have fun and improve their tennis skills.

Year Groups:	Day:	Time:	Location:
L4 U4	Tuesday	16.15-17.00	Pitches
Term	Category:	Staff Contact:	Cost:
Michaelmas	-	Sport, Health & Fitness	Mrs Jamieson
Lent	-	Type:	-
Trinity	Y	Physical 	-

WORSHIP BAND

This is a contemporary rock/pop band that will focus on rehearsing and performing the latest contemporary Christian worship. They will learn to perform tracks that are integrated with professionally produced stem backings, contributing to the production of an authentic, anthemic sound world.

Year Groups: L4 U4 L5 M5 U5 L6 U6	Day: Friday	Time: 13.45-14.20	Location: Merritt Centre, Rock Rm
Term: Michaelmas Lent Trinity	Y Y Y	Category: Creative & Performing Arts	Staff Contact: Mr Dury
		Type: Skill 	Cost: -



SHAPE OF THE WEEK

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Activity A 07.00-07.50		Activity A		Activity A			
BREAKFAST 7.30-8.00							
8.10-8.25	Head's Assembly		School Prayers		School Prayers/ Hymn Practice		
Period 1	Period 1 08.30-09.15	Period 1 08.30-09.15	Period 1 08.30-09.15	Period 1 08.30-09.15	Period 1 08.30-09.15	Period 1 08.30-09.15	
Period 2	Period 2 09.20-10.05	Period 2 09.20-10.05	Period 2 09.20-10.05	Period 2 09.20-10.05	Period 2 09.20-10.05	Period 2 09.20-10.05	
Period 3	Period 3 10.10-10.55	Period 3 10.10-10.55	Period 3 10.10-10.55	Period 3 10.10-10.55	Period 3 10.10-10.55	Period 3 10.10-10.55	
BREAK 10.55-11.25							
Period 4	Period 4 11.25-12.10	Period 4 11.25-12.10	Period 4 11.25-12.10	Period 4 11.25-12.10	Period 4 11.25-12.10		
Period 5	Period 5 12.15-13.00	Period 5 12.15-13.00	Period 5 12.15-13.00	Period 5 12.15-13.00	Period 5 12.15-13.00	Lunch 12.15-13.00	
LUNCH 13.00-13.45							
Period 6	Staff Meeting 13.45-14.30 (no lessons)	Period 6 13.45-14.30 Lessons for U5	Period 6 13.45-14.30 Lessons for All	Period 6 13.45-14.30 Lessons for U5	Period 6 13.45-14.30 (no lessons)	Fixtures	L4-L5 Activities
Period 7	Period 7 14.35-15.20	Period 7 14.35-15.20	Period 7 14.35-15.20	Period 7 14.35-15.20	Period 7 14.35-15.20		
Period 8	Period 8 15.25-16.10	Period 8 15.25-16.10	CCF (M5-U6) 15.30-17.00	Period 8 15.25-16.10	Period 8 15.25-16.10		
Period 9	Period 9 (lessons for L5-U6) 16.15-17.00	Period 9 (lesson for M5) 16.15-17.00		MUN (M5-U6) 16.30-17.30	Period 9 (no lessons) 16.15-17.00		
BREAK 17.00-17.15			BREAK 17.00-17.15				
Activity B 17.15-18.10	Activity B	Activity B	Activity B	Activity B	Activity B		
SUPPER 18.15-19.00							
Prep		Prep 19.00 - 20.00			Friday Speakers, Concerts & Scholars Lectures	Joint Socials	Sunday Service
Activity C 20.00-20.45	Activity C	Activity C	Activity C	Activity C	Activity C	Joint Socials	
BOARDERS IN HOUSE/DAY GIRLS HOME 21.00							

“Anybody can be an explorer if they want to be. You can be an astronaut if you want. Figure out what you want to do, and then go do it.”

HELEN THAYER
THE FIRST WOMAN
TO TRAVEL SOLO TO THE
MAGNETIC NORTH POLE

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