



PHYSICAL EDUCATION

A bitesize overview of the curriculum.

YEAR 1

- Skeletal and Muscle systems
- Diet and Nutrition
- Biomechanics
- Sports Psychology
- History of Sport

YEAR 2

- Energy Systems
- Injury and Rehabilitation
- Leadership in Sport
- Ethics and Deviance in Sport
- Modern Technology

WHAT SUBJECTS COULD I STUDY AT UNIVERSITY?

- Physiotherapy
- Sports and Exercise Science
- Sports Coaching

WHAT CAREERS COULD THIS LEAD TO?

- Physiotherapist
- Sports Analyst
- Sports Product Development

ENRICHMENT OPPORTUNITIES

- University of Bath: Sports Science Laboratory
- Golf (Driving Range)
- Trampolining (Biomechanics/Feedback)
- Umpiring